

# SOMETHING SIMPLE

## COLD CEREALS

*served with your choice of milk and a sliced banana on request*

Cornflakes

Cheerios

Special K

Raisin Bran

Shredded Wheat

Rice Krispies

Frosted Flakes

Fruit Loops

Granola

All Bran

Bran Flakes

## ☉ BREAKFAST PARFAIT

Greek vanilla yogurt, fresh berries, crunchy granola

## ☉ FRUITS AND YOGURTS

half grapefruit

stewed prunes

kadota figs

soaked apricots

sliced banana

assorted yogurts

## ☉ HOT CEREALS

*served with sliced banana, raisins, brown sugar, toasted almonds, walnuts*

old fashioned oatmeal

steel cut irish oatmeal

cream of wheat

creamy grits

## BAGEL AND LOX \*

cream cheese, Boston lettuce, tomato, sliced red onion and capers

# GREENHOUSE SPA SELECTIONS

## ④ COTTAGE CHEESE AND FRESH FRUIT

cottage cheese, banana, mango, melon, strawberries, blueberries

## ④ SWISS STYLE MUESLI

low fat yogurt, fresh fruit, milk, toasted hazelnuts, oatmeal, honey

## ④ VEGETABLE FRITATTA

onion, spinach, asparagus, Humboldt fog goat cheese, red chili flakes

# BREAKFAST CLASSICS

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## CLASSIC EGGS BENEDICT \*

toasted English muffin, Canadian bacon, two poached eggs, hollandaise sauce

## DUNGENESS CRAB BENEDICT \*

toasted English muffin, 2 poached eggs, asparagus, tarragon hollandaise sauce

## FOREST MUSHROOM BENEDICT \*

toasted English muffin, sautéed spinach, two poached eggs, hollandaise sauce

## CORNED BEEF HASH AND EGGS \*

hash browns, pico de gallo salsa

## ALL AMERICAN BREAKFAST \*

two jumbo eggs, hash browns, hickory smoked bacon or sausage, cheddar cheese

## FULL ENGLISH BREAKFAST \*

two jumbo eggs, fried bread, pork banger, English back bacon, baked beans, mushrooms, grilled tomato

## EUROPEAN COLD BREAKFAST PLATE

sliced ham, Gouda cheese, herring in sour cream, mustard, pickles, red beets, boiled egg, Boston lettuce, tomato, cucumber, crusty bread




**KIPPERED HERRING \***  
scrambled eggs, caramelized onions

**PAN ASIAN BREAKFAST \***  
hot miso soup, steamed white rice, tamagoyaki, broiled salmon

## THREE EGG OMELETTES

*all omelets are served with hash browns and toast - egg whites or egg substitute available on request*

**SMOKED SALMON OMELET \***  
cream cheese, chives, red onions

 **SOUTHWEST OMELET**


bell peppers, tomato, green onion, Jack cheese, avocado, sour cream, fresh salsa

### BUILD YOUR OMELET

ham, bacon, sausage, smoked salmon, mushrooms, bell pepper, onion, asparagus, cheddar, jack, Swiss, goat, or Gruyère cheese

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*The US Food and Drug Administration advises that eating uncooked or partially cooked meat, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions.*

 Vegetarian

## HEARTY SKILLET

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### HAM AND CHEESE SKILLET \*

poached eggs, potatoes, scallions, red onions, bell peppers, pico de gallo salsa, sour cream

### ④ VEGETABLE SCRAMBLE

spinach, onions, scrambled eggs, cheddar, mushrooms, black beans, chipotle cilantro sauce

## HOT OFF THE GRIDDLE

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### ④ BELGIAN WAFFLE

whipped cream, strawberry compote

### ④ TEXAS BREAD FRENCH TOAST

cinnamon-sugar, whipped butter, hot maple syrup

④ BANANA BREAD FRENCH TOAST

oatmeal crust, berry compote, whipped butter, warm maple syrup

④ BUTTERMILK PANCAKE STACK

whipped butter, warm maple syrup, sliced banana, blueberries

④ BUCKWHEAT PANCAKES

ginger honey whipped butter, assorted berries, warm maple syrup

④ SWEDISH PANCAKES

mixed berry compote, whipped butter

## FROM THE BAKERY

### BAKED FRESH DAILY

bread, English muffin, bagels, butter croissant, chocolate croissant, raisin bun, cheese danish, fruit danish, blueberry muffin, muffin of the day

*served with butter, margarine, jam, jelly, honey, Nutella® or cream cheese on request*  
*freshly baked sugar-free pastries available upon request*

## ON THE SIDE

hickory smoked bacon  
pork sausage links or patty  
corned beef hash  
turkey sausage links  
hash browns

English pork banger  
carved honey glazed ham  
turkey bacon  
Morningstar Farms <sup>®</sup>Vegilinks

## BEVERAGES

MIMOSA 3.95

BLOODY MARY 7.95

coffee  
decaffeinated coffee

tea  
decaffeinated tea whole

low fat milk  
skim milk

chocolate milk  
cranberry juice  
pineapple juice

fresh orange juice  
grapefruit juice  
prune juice  
V-8

apple juice  
grape juice  
tomato juice